

# NOVEMBER | 2022

## WHITKO JUNIOR SENIOR HIGH SCHOOL




### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>31</b> CHEESE BURGER WAFFLE FRIES GREEN BEANS FRESH CAULIFLOWER FRUIT MILK	<b>1</b> GRILLED CHEESE SANDWICH CHILI BABY CARROTS CELERY ROASTED CHICK PEAS FRUIT RICE KRISPIE TREAT MILK	<b>2</b> CHICKEN TENDERS BUTTER BREAD BROCCOLI CHERRY TOMATOES CORN FRUIT MILK	<b>3</b> HOT DOG FRENCH FRIES BAKED BEANS CUCUMBER SLICES CHEEZ ITS FRUIT MILK	<b>4</b> PIZZA SALAD RED PEPPER STRIPS MIXED VEGETABLES FRUIT PEACH CRISP MILK
<b>7</b> BEEF DIPPERS BISCUIT SEASONED WEDGES BABY CARROTS BROCCOLI FRUIT MILK	<b>8</b> LASAGNA ROLL UP BOSCO STICK SALAD CUCUMBERS CALIFORNIA BLEND SLUSHIE FRUIT MILK	<b>9</b> BR. CHICKEN SANDWICH FRENCH FRIES GREEN BEANS TOMATOES FRUIT MILK	<b>10</b> FIESTADA PIZZA ROASTED CHICK PEAS RED PEPPER STRIPS CORN AND BLACK BEANS FRUIT MILK	<b>11</b> MEATLOAF MASHED POTATOES MIXED VEGETABLES SALAD DINNER ROLL FRUIT MILK
<b>14</b> CHICKEN NUGGETS BUTTER BREAD POTATOES AU GRATIN BRUSSEL SPROUTS BABY CARROTS FRUIT MILK	<b>15</b> FRENCH BREADED PIZZA SALAD BROCCOLI ROASTED CHICK PEAS FRUIT MILK	<b>16</b> TENDERLOIN FRENCH FRIES PEAS TOMATOES FRUIT MILK	<b>17</b> CHICKEN NOODLES MASHED POTATOES GREEN BEANS CELERY DINNER ROLL PUMPKIN PIE FRUIT MILK	<b>18</b> QUESADILLA REFRIED BEANS TOMATOES SALAD TORTILLA CHIPS FRUIT MILK
<b>21</b> CORN DOG CURLY FRIES COOKED CARROTS GREEN PEPPER STRIPS FRUIT MILK	<b>22</b> PIZZA BOSCO STICK FRESH VEGGIES SALAD FRUIT MILK	<b>23</b> NO SCHOOL	<b>24</b> 	<b>25</b> NO SCHOOL
<b>28</b> HAMBURGER FRENCH FRIES BAKED BEANS BABY CARROTS FRUIT MILK	<b>29</b> MACARONI AND CHEESE DINNER ROLL GREEN BEANS CUCUMBER SLICES CALIFORNIA BLEND FRUIT MILK	<b>30</b> ROTINI BREADSTICK SALAD TOMATOES BROCCOLI FRUIT ICE CREAM MILK	<b>1</b> NACHOS AND CHIPS REFRIED BEANS RED PEPPER STRIPS FRUIT MILK	<b>2</b> SALISBURY STEAK MASHED POTATOES DINNER ROLL CORN FRESH CAULIFLOWER FRUIT MILK

### News

SALADS AND WRAPS  
 WILL BE OFFERED DAILY  
 AS AN ALTERNATE TO  
 THE LUNCH

BREAKFAST IS SERVED  
 DAILY IN THE CAFETERIA  
 STARTING AT 7:30

BREAKFAST PRICES  
 FULL PRICE \$1.30  
 REDUCED \$0.30  
 ADULT BREAKFAST \$2.50

LUNCH PRICES  
 FULL PRICE \$2.40  
 REDUCED \$0.40  
 EXTRA MILK \$0.40  
 EXTRA ENTRÉE \$1.25  
 ADULT LUNCH 3.70

FRESH VEGETABLES AND  
 FRUITS ARE AVAILABLE  
 DAILY

